

Pinx Total
HARMONY

WEDDING
BEAUTY
CHECKLIST



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LET'S PLAN FOR YOUR BIG DAY...

Beauty appointments you need to book before your big day

I know, I know—the months before your wedding are a whirlwind. But don't forget to book these important appointments before walking down the aisle.

I'm here, of course, to get you as prepared as possible for your wedding day—and even if some of the options may not be important to you, you may want to consider booking the beauty appointments before your "I dos" (not only so you feel as confident as possible on your day, but also so you love every single photo). For the record, I think you'll look beautiful no matter what—but here are some appointments you may not want to skip.

Don't forget if there is anything I can help with, I will.

So let's get going...



Top Tips for the big day...



HAVE AN EARLY NIGHT

To ensure you are calm and refreshed on the big day, play some calming and relaxing music the night before. This allows you to have a peaceful sleep.



LAY OUT YOUR DRESS AND ACCESSORIES

Hang your dress, place your shoes near them. Any hair and makeup items should be visible and near you. If you have a small clutch with essentials (lipstick, mints, rescue remedy) leave this ready to go too.



MINDFULNESS

Allow time to practice mindfulness or yoga in the morning. This will help you if you feel anxious.



Bonus tip!

Pay attention to this one!

Don't forget to eat. It is not uncommon that in all the excitement the bride forgets to eat.





5 to 6 months to the big day

- If you plan on getting fitter then start now. Drink atleast 1.5/2ltrs of water a day. Maybe weight-training for a toned body.
- If you plan on growing or try and new hair colour do it now as this will you time to get used to the length and colour.
- Exfoliate your body once a week
- Start your waxing appointments now. This way you will be hair free for longer for your big day and honeymoon.

3 to 4 months to the big day

- Book your hair trial appointment
- Book your brow shape and tint appts to your big day
- Book and start your facials with your beauty therapist
- Start to maintain your nail care with your nail tech

1 to 2 months to the big day

- Plan and trial your spray tan (if needed)
- Book your lash extension tech (if needed)
- Book your nail extension tech (if needed)
- Don't forget to continue with your skincare and nail care





1 to 2 weeks to the big day

- Plan your nailart design.**
- Maintain your extensions (optional)**
- Book your wax appointment**
- Book a massage to relax your before the big day**
- Brow and lash shape and tint**

The day before

- Manicure and pedicure**
- Book your wax appointment for any final hair growth removal**
- Keep hydrated with water**
- Don't forget to wash your hair the night before to allow your hairdresser to style your hair. Washing you hair on the day makes it difficult for any hair up or curls to stay.**

It's finally here. The big day...

Relax and enjoy every minute of the day. You will look amazing and so will the groom.





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